

the LIVING BANK

continuous flow of life-giving transplants

SPRING / SUMMER 2013

Mission Statement

Raising awareness of the critical need for organ transplant donors through public education and advocating for donors and their families.



Chris Duncan (kidney recipient), Dr. Richard Link, Kay's surgeon, and Kay Hill (Chris's living donor)



Above: Two of The Living Bank's Living Donor Advocates

Left: Dr. A. Osama Gaber and Dr. Xian Li, Director of the Transplant Immunology Program at The Methodist Hospital Research Institute



Denis DeBakey, the son of the late Dr. Michael DeBakey, is shown holding the world's first LVAD (left ventricular assist device) that his father developed at Methodist in 1967.



Dr. A. Osama Gaber with Dorothy Mahon, CEO, The Living Bank

Enhancing Our Knowledge of Transplantation

Through the efforts of The Living Bank's Board member, Dr. A. Osama Gaber, Director of The Methodist J. C. Walter Jr. Transplant Center, Houston and The Methodist Hospital Foundation, The Living Bank's Board and Advisory Board, staff and several individuals whose lives have been touched by transplant, were given a once in a lifetime tour of the transplant center.

The tour included a trip to the operating room to view a living donor kidney transplant; overview of LVAD/Heart Devices; Islet Lab and transplant research; and testimonials from organ donor recipients.

The Methodist Hospital is celebrating 50 years of organ transplantation. Methodist surgeons performed their first kidney transplant in 1963, followed quickly by many firsts in heart, lung, liver and multi-organ transplants.

Thank you to Jackie Callies with The Methodist Hospital Foundation for orchestrating the tour logistics.

National Donate Life Month



April is national donate life month. Americans are giving individuals who carry out acts of kindness and generosity on a daily basis as they journey through their lives – some of which are difficult journeys.

Today, there are more than 119,000 Americans on the candidate registered organ transplant waiting list. Our nation continues to face a shortage of organ donors. The loss of life of one person because they did not receive their life-saving organ transplant is too many.

One donor can potentially save **eight lives**.

Please take the time to register as an organ donor and to learn more about the gift of living donation.

Lives Saved Through Living Donation

Living organ transplant is a direct result of the critical need for deceased kidney organ donation. Living organ donation dates back to 1954, when a kidney from one twin was successfully transplanted into his identical twin brother.

Living donation occurs when a candidate is approved following the evaluation of lab tests, a physical and psychosocial examination and informed consent.

January 1, 1988 through December 31, 2012, there have been **122,115** people living in our nation who became living donors.

- Of that figure, 116,712 donated a kidney and 4,780 a segment of their liver
- Diabetes is the leading cause of kidney failure among adults in our nation
- Liver disease due to obesity has increased in our nation

U. S. Candidate Registered Organ Transplant Waiting List
based on Organ Procurement and Transplantation Network (OPTN)
as of March 20, 2013

Kidney	95,550
Liver	15,699
Pancreas	1,186
Kidney/ Pancreas	2,138
Heart	3,454
Lung	1,647
Heart/ Lung	48
Intestine	258
All Organs	119,980

Donating an organ is a personal decision that should only be made after you are fully informed about the process.

Please view www.livingbank.org or call us at 1-800-528-2971 to learn more about living donation

Family Matters



In 2010 at age 57 John Pott thought he was managing his diabetes. After breaking his foot twice he was seen by an endocrinologist. It was a shock when the doctor told John and his wife, Cindy, that he was in severe kidney failure with three options: hemodialysis, peritoneal dialysis or he would be in a coma within a week.

John was put on the national kidney transplant waiting list and immediately began peritoneal dialysis. His family began reaching out to the community in search for a kidney donor.

Without the family's knowledge, Trey McKirahn, John's son-in-

law, underwent testing to determine if he was a match.

John vividly remembers hearing the news for the first time, a match had been found. He was having lunch with friends when Trey called and casually inquired if John had received a call from the hospital that day. In his unassuming and relaxed way Trey proceeded to explain that he was tested and was indeed a match!

Although family members had concerns, Trey was unwavering in his resolve to donate his kidney. In response to his wife's apprehension Trey made a promise to her and their growing family, to live a healthier lifestyle and lose weight as diabetes ran in Trey's family. With this pledge Trey lost over 60 pounds prior to surgery from exercise and diet.

Immediately following surgery John could see better and since

recovering from the transplant there have been significant, positive changes in his physical health. Trey was up early the next morning after surgery. He was doing so well that his doctor released him that day.

Since surgery Trey is in better physical shape than he was prior to surgery and John is enjoying life as a husband, father and Pawpaw to his two young grandsons.



Team Players



Chris Duncan lived a hyper-charged lifestyle as a sports writer for the Associated Press when he received abnormal lab results after a routine doctors visit.

Chris was in kidney failure due to the progression of his focal segmental glomerulosclerosis (FSGS) disease. Chris inherited FSGS from his father who was able to manage with only medication, diet and exercise. However in December 2011 it was determined that Chris needed a kidney transplant.

He posted his condition on Facebook after reading about other transplant recipients who used the same media in their efforts to reach potential living donors. The response was incredible and included colleague, Kay Hill. Chris met Kay in 2005 when they would frequently see each other at various sporting events. She saw his Facebook post and decided to get tested.

The Monday before Thanksgiving 2012 Kay called Chris to tell him she was a match and the transplant was scheduled for December 4, 2013. The morning of surgery proved to be an emotional gathering of both Chris and Kay's parents meeting for the first time.

Their three-month transplant anniversary recently passed with both Chris and Kay leading active, healthy lives. Chris extols that this, "has been the best experience in my life" and he is on a mission to share his story.

The Living Bank's Living Donor Advocates

Federal regulations require transplant programs to appoint an independent donor advocate to ensure safe assessment and care of living donors.

A living donor advocate implements a psychosocial assessment of each potential living donor and relays all aspects of informed consent. Once the potential living donor is approved by the advocate, medical testing is complete, and living donor status is officially designated by the transplant team, the advocate counsels the living donor before, during and after surgery. The Living Bank provides follow-up of living donors over a period of two years and serves as a resource for as long as needed.

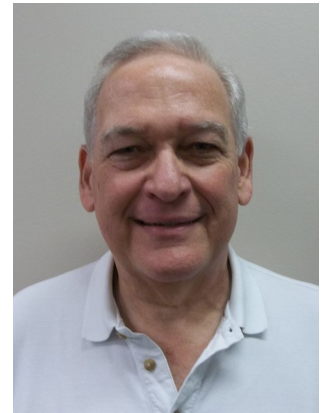
The Living Bank's living donor advocates assess and counsel living donors for Memorial Hermann Texas Medical Center Transplant Center, St. Luke's Cooley Transplant Center and altruistic donors for The Methodist J. C. Walter, Jr. Transplant Center.



Tamara Elzy, LMSW



Sarah Stone, LCSW



Sheldon Bleiweiss, LCSW

Independent Living Donor Advocate Network (ILDAN)

ILDAN is an online networking community of social workers, psychologists, physicians, nurses and clergy who work as independent living donor advocates



Thank you to Series One Presenters

DeLana White-Carter, LMSW
Methodist Medical Center Dallas

Dianne LaPointe Rudow, DNP, CCTC
Mt. Sinai Medical Center

Marie Morgieovich, RN, MS, APN.C, CNN, CCTC
St. Barnabas Medical Center

Rebecca Hays, MSW, APSW
University of Wisconsin Hospital and Clinics

Donna Luebke, MSN, APN-BC
Ohio Permanente Medical Group

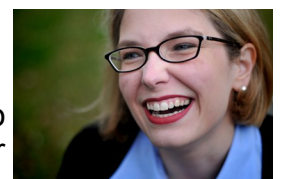
Elisa Gordon, PhD, MPH
Northwestern University

*Funded by: Ray C. Fish Foundation,
The George & Mary Josephine Hamman
Foundation, Vanberg Family Foundation*

Paying it Forward with Technology

When I was in elementary school my mother decided to go back to school to become a nurse so she could help people as well as set an example of lifelong learning for her children. After several years of study, she graduated and became a nurse in the Texas Medical Center. Shortly after that, she joined a transplant team.

Today I have my own company, Normal Modes, and we're thrilled to continue the example set by my mother of providing services in support of organ donation for The Living Bank.



Angela Randall
President & CEO
Normal Modes



Celebrate Life – 45th Anniversary of The Living Bank

On Friday evening, October 11, 2013, The Living Bank will celebrate its 45th anniversary at The Junior League of Houston. The honoree for this special celebration is Margaret Alkek Williams. Both Margaret and the Albert and Margaret Alkek Foundation are leaders in the field of support for medical endeavors.

Organ donation and transplantation have come a long way since 1968, the year The Living Bank was established. This year's *Celebrate Life* will be a journey down memory lane and the celebration of the lives that have been saved through organ donation.

Honor Your Mother in a Special Way

The earliest tributes to mothers date back to the annual spring festival the Greeks dedicated to Rhea, the mother of many deities, and to the offerings ancient Romans made to their Great Mother of Gods, Cybele. Christians celebrated this festival on the fourth Sunday in Lent in honor of Mary. In England this holiday was expanded to include all mothers and was called Mothering Sunday.

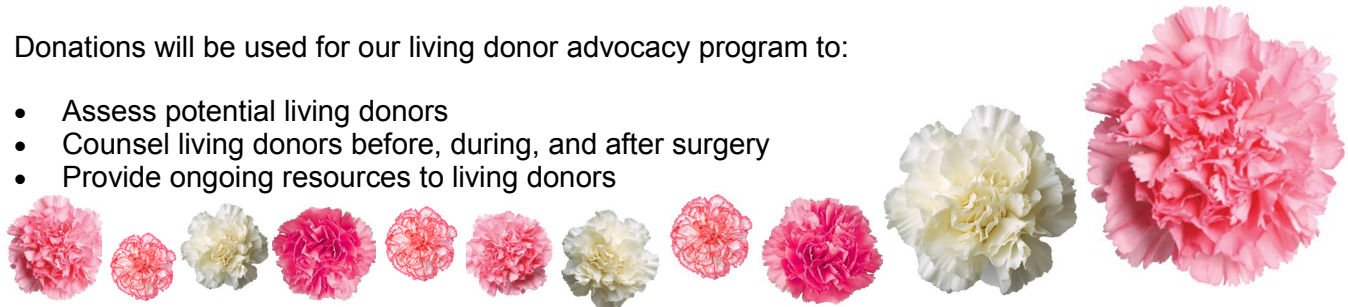
In the United States, Mother's Day started nearly 150 years ago, Anna Jarvis, an Appalachian homemaker, organized a day to raise awareness of poor health conditions in her community, a cause she believed would be best advocated by mothers. She called it "Mother's Work Day."

In 1905 when Anna Jarvis died, her daughter, also named Anna, began a campaign to memorialize the life work of her mother and all mothers. She lobbied prominent men and politicians including Presidents Taft and Roosevelt. In 1914, President Woodrow Wilson signed a bill recognizing Mother's Day as a national holiday.

This year, as you honor your mother or in memory of your mother, please consider doing so in a meaningful way by honoring them with a donation to The Living Bank. We will send a card to your mother acknowledging your thoughtful gift and a card to you acknowledging your donation.

Donations will be used for our living donor advocacy program to:

- Assess potential living donors
- Counsel living donors before, during, and after surgery
- Provide ongoing resources to living donors



Please consider donating to The Living Bank

To make a contribution, simply complete the form below and, if requested, we will send a card to your honoree acknowledging your thoughtful gift and a card to you acknowledging your donation.

☐ In Thanksgiving for... ☐ In Honor of... ☐ On the Occasion of... ☐ In Memory of... ☐ Contribution (We appreciate your support.)

Name to appear on card (please print) _____

Send acknowledgement to: Name _____

Address _____ City _____ State _____ Zip _____

Name(s) to appear on card _____ Amount \$ _____

Contributed by: Name _____ Phone Number _____

Address _____ City _____ State _____ Zip _____ Email _____

Payment: ☐ Mastercard ☐ Visa ☐ AmEx ☐ Discover You may also donate online through our secure server at livingbank.org/contribute.

Card Number _____ Expiration _____ Signature _____

☐ Enclosed is my check payable to The Living Bank

The Living Bank P.O. Box 6725 Houston, Texas 77265 1-800-528-2971 info@livingbank.org

One hundred percent of your donation is tax deductible. The Living Bank tax ID number is 74-160-7315. **Thank you.**



The Living Bank
P.O. Box 6725
Houston, Texas 77265

Toll Free: 1.800.528.2971
713.961.9431
www.livingbank.org

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History of The Living Bank

October 1968 The Living Bank was established as a nonprofit organization. That year a team of surgeons performed the first heart transplant in the United States in Houston. Five Houston women, realizing no formal way to donate organs existed, saw a need for a donor registry that would allow medical professionals to match organs with waiting recipients.

The Living Bank's first office was a trailer in a parking lot in the Texas Medical Center. By the end of the first year 1,000 people had registered to become donors which included world-renowned heart surgeons, Dr. Denton Cooley and Dr. Michael DeBakey.

The Living Bank Founders

Joan S. Anderson, Ph.D.
Louise Johnson*
Glen Karsten*
Esther Phillips*
Marjorie Robinson*

*deceased

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The Living Bank Programs

Living Donor Advocacy
General Public & Minority Outreach
Independent Living Donor Advocacy Network

Please Consider Donating to The Living Bank

Simply go to livingbank.org/donate to make a donation to our secure server.

If your employer matches your donation to nonprofit organizations, please provide your company's matching gift form with your contribution.